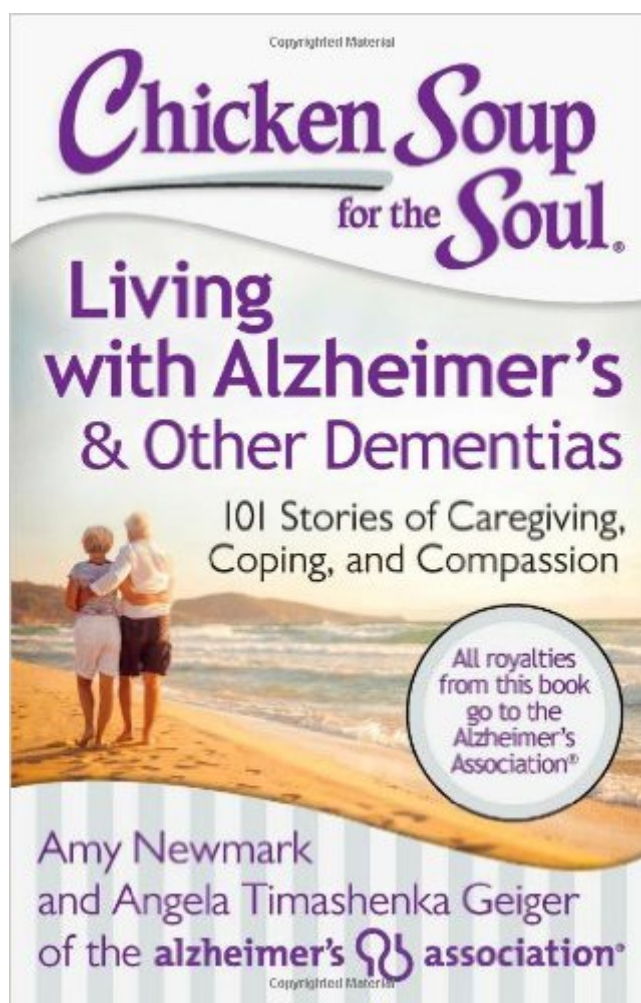


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# Chicken Soup For The Soul: Living With Alzheimer's & Other Dementias: 101 Stories Of Caregiving, Coping, And Compassion



## Synopsis

Caring for a loved one with Alzheimer's or another form of dementia? You are not alone. With 101 encouraging and inspiring stories by others like you, this book is a source of support and encouragement throughout your caregiving journey. Alzheimer's disease and other forms of dementia affect millions of people, and this book is especially for caregivers. This collection, a joint project with the Alzheimer's Association, is filled with 101 stories of love and lessons from others like you, will support and encourage you as you care for your loved one.

## Book Information

Series: Chicken Soup for the Soul

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Product Dimensions: 5.5 x 1 x 8.5 inches

Shipping Weight: 14.1 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (216 customer reviews)

Best Sellers Rank: #38,639 in Books (See Top 100 in Books) #30 in [Books > Health, Fitness & Dieting > Mental Health > Dementia](#) #810 in [Books > Self-Help > Motivational](#)

## Customer Reviews

I'm a Chicken Soup for the Soul blogger. They send me lots of books and I share my experiences with them. At times, I feel each review is almost the same as the last, as the books have a common template. 101 stories about a common subject broken up across ten chapters with an intro by someone famous. Sometimes, the books hit closer to home with their theme, like a dog book. Other times, not so much, but I still enjoy reading the stories. Give me a cat book and I probably wouldn't even pick it up. On the surface, this book isn't much different from the rest, where the theme is about forgiveness. And, therein lies the big difference in the book. I think we can all forgive somebody, even if it is just ourselves. There's a lot of power behind that forgiveness that you may or may not ever feel. Are you tired of staying angry with all the resentment? This book tells you about a bunch of people who had the power to let go, and how much better they felt after the burden was lifted. Who has done you wrong? Do you want to forgive or be forgiven? Reading the book will help you understand what that means and how you'll adjust once the weight is lifted off our shoulder, if

you ever decide to go that route. As expected, there are ten chapters, depending upon who you want to forgive.

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